

YOU SHOULD KNOW PROJECT

SOME OF THE GROUP WITH MATT BROWN
CO FOUNDER OF SHE IS NOT YOUR REHAB
(NEW ZEALAND)



A group of girls asked their youth workers 'when we are alone at night we feel nervous and scared... is this normal?' This led to a huge discussion about scenarios they felt vulnerable and frightened. It was during this conversation that the group discovered this was a surprisingly common feeling amongst most women and girls they knew.

The group came up with a plan to research the vulnerability of women and girls around them. They picked four base line questions, which were;

- 1. What makes you feel unsafe?**
- 2. Can you think of a time you were vulnerable?**
- 3. Do you feel safe walking alone?**
- 4. What makes you feel safe?**



YOUTH WORKERS WHO HAVE
SUPPORTED THE PROJECT PICTURED
WITH MATT BROWN (SINYR)

These questions were put to women from all walks of life via a questionnaire and 1-1 interviews. The results confirmed what the group had originally thought. Most, if not all, women and girls feel unsafe in their communities. The group wanted to share their findings with the world and decided an educational video would be the best way to do this.

THE VIDEO

They worked together to design and direct a video. The creative aspect was clear they wanted it to reflect real life situations that most women may or already have found themselves in. The video has been shared across different social media platforms. This has gained considerable momentum locally and has inspired the group to continue their efforts to raise awareness of their cause.

WHAT NEXT?

So, what is next? The group have designed posters and business cards to share with women and girls in their community, these will also go in local businesses. They hope this will raise awareness of their vulnerabilities and improve the everyday lives of women and girls. The group are also hoping to link with other groups in Wales who have taken part in similar projects. They are hoping to collaborate on a project next year – watch this space!

YOU SHOULD KNOW:

THIS SERVICE **ASK FOR ANGELA**
WHEN AT A VENUE, YOU CAN APPROACH A MEMBER OF STAFF AND ASK FOR ANGELA. THEY WILL CALL POLICE/ARRANGE A TAXI HOME FOR YOU.

THESE NUMBERS **STRUT SAFE**
0333 335 0026

POLICE
999

WALK ME HOME
888

THESE APPS **WALKSAFE**

BSAFE APP

STREETS SAFE

I'M SAFE